



ODYSSEE-MURE Regional Meeting April 25th 2023

Database on sufficiency measures and usefulness for MURE

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- Sufficiency practices
- Examples from Germany
- Sufficiency policy database
- Sufficiency in MURE

Sufficiency-oriented practices

In principle, different levels of action are possible:

- EU or Member State (MS)
- region
- local (e.g. municipality)
- community / citizen

In practice, most of the actions are implemented at the local level (or even below). The actions are initiated or supported by institutions or entirely initiated and implemented by citizens.

Scope of actions toward sufficiency

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Types of actions:

- Governance
- Planning
- Infrastructure

Specific policies and measures:

- Regulation
- Information
- Incentives
- Capacity building and networking
- Promotion of services





Key strategies for sufficiency

Main strategies:

- Reduction in size
 - ✓ Smaller appliances, smaller flats...
- Longer lifetime
 - ✓ Using products for a longer time
- Switch from owning to sharing
 - ✓ Avoiding buying unnecessary objects
 - ✓ Decreasing the number of products to be manufactured
- Reduction in number/amount
 - ✓ Fewer products, less resource consumption...
- Behavioral change
 - ✓ Different use patterns (e.g. lower heating temperature...)

Approaches in the building sector



Reducing the average living area:

- Existing buildings:
 - ✓ sharing (not often) used areas: extra rooms, guest room, laundry.
 - ✓ optimization of living areas, balance between overcrowded and under-crowded
 - ✓ mixed use of the buildings (e.g. use of schools on the weekends)
 - ✓ using the existing empty buildings instead of building new
- New buildings:
 - ✓ setting policies on the new construction
 - ✓ designing flexible areas (for different usages and ages)

Raising awareness:

- Alternative living forms (e.g. multi-generation, shared flats)
- Options for the existing buildings (division, alteration)
- Adjusting to the needs (exchange, rent and share of the space)



Adjustment of space to the need

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Landlords



Project:

Municipalities innovative living spaces **Aim:**

Promoting the usage of underutilized living space, matching the demand and offer **Highlights:**

- Consulting offers for (older) landlords
- Information on different options (e.g. selling, division, renting, ...)

www.oeko.de/lebensraeume



Adjustment of space to the need



Tenants



Project:

Platform for exchanging houses/flats

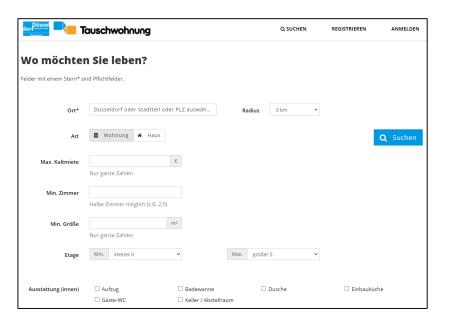
Aim:

Facilitating the move to the more suitable flats

Highlights:

Support from the city for finding the suitable place and also for moving

https://www.wohnungstauschduesseldorf.de/ https://inberlinwohnen.de/wohnungstausch/



Using the unused space

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Temporary use



Project:

Zwischennutzung (intermediate use)

Aim:

Matchmaking between offered space and current demand for space: exhibition space, offices, studios, etc.

Highlights:

- Initiated by the city
- Advice on content-related and organizational issues

http://team-zwischennutzungen.de/



https://hausderstatistik.org/modellprojek

Promotion of modal shift

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Project:

"Environmentally friendly mobile" (Heidelberg)

Aim:

Promoting of using public transport instead of private car

Highlights:

Free annual public transport subscription for people deregistering a car

https://www.heidelberg.de/892729.html









Project:

"Environmentally friendly mobile" (Heidelberg)

Aim:

Promoting environmental friendly transport

Highlights:

Purchase of a cargo bike or trailer

https://www.heidelberg.de/hd/HD/Leben/Umwelt+Foerd erprogramme.html

Sharing, lending and giving

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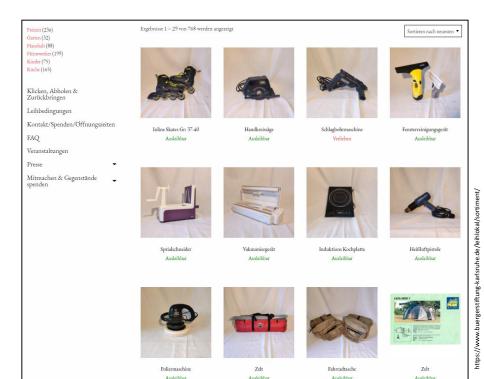
- Leih.lokal in Karlsruhe (Community Foundation)
- CONSUM in Berlin (part of *Re-Use Berlin*)

Aim:

Avoiding the purchase of products that are rarely used by lending them in lending shops/centres

Highlights:

- Lending (usually no cost for a short time)
- Any kind a products (bags, tools, IT,...)
- Non bureaucratic







https://energysufficiency.de/en/policy-database-en/

- Research project "EnSu Energy Sufficiency in Energy Transition and Society"
- Funded by the Federal Ministry of Education and Research (BMBF)
- List of around 300 measures
- From existing literature and databases, scenarios, NECPs, exchanges with experts

Sectors

- Buildings
- Cross-sectoral
- Industry/Production
- Land use and food
- Transport
- Transport (freight)

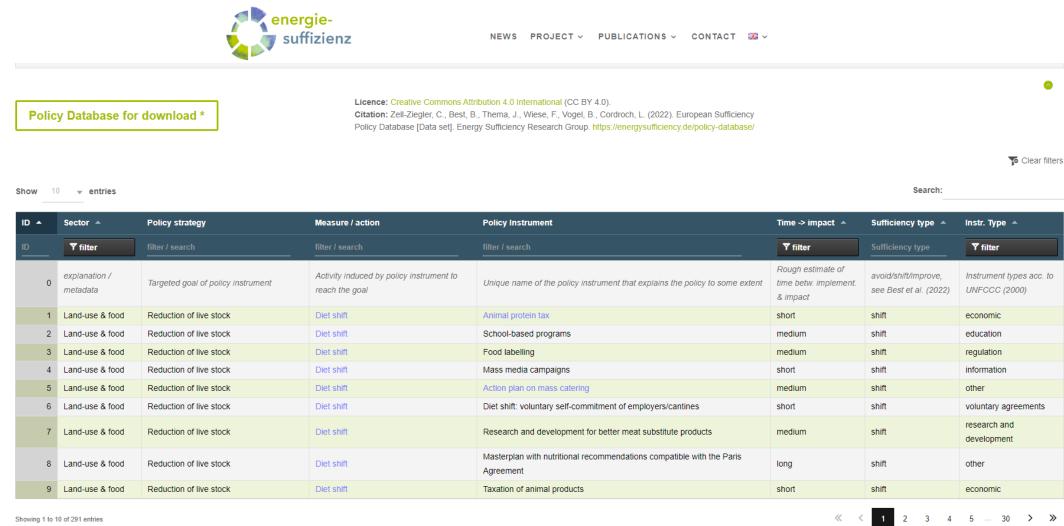
Sufficiency types

- Avoid:
 - Reducing trips and traffic
 - Enhancing product lifetime
 - Decreasing the living space
- Shift:
 - High energy to low energy mode
- General

Instrument types

- Economic
- Education
- Fiscal
- Information
- Regulation
- R&D
- Voluntary agreement





https://energysufficiency.de/en/policy-database-en/



European Sufficiency Policy Database – Additional information

В	uildings		~
	Policy strategy: Reduce living space	>	
	Policy strategy: Using existing buildings for living space	>	
	Policy strategy: Sustainable urban- and settlement development without new sealing	>	
	Policy strategy: Limits to Consumption	>	





ID 🛧	Sector -	Policy strategy	Measure / action	Policy Instrument	Time -> impact	Sufficiency type	Instr. Type 🔺
ID	Y filter	Reduce	filter / search	filter / search	Y filter	Avoid	Y filter
27	Buildings	Reduce living space	Sufficiency-oriented moving and living	Right to exchange flats	medium	avoid	regulation
74	Buildings	Reduce living space	Sufficiency-oriented building modifications	Design of development plans with diverse and mixed use	medium	avoid	regulation
318	Buildings	Reduce living space	Sufficiency-oriented building modifications	prioritise refurbishment over new construction	short	avoid	regulation

Sufficiency measures - MURE

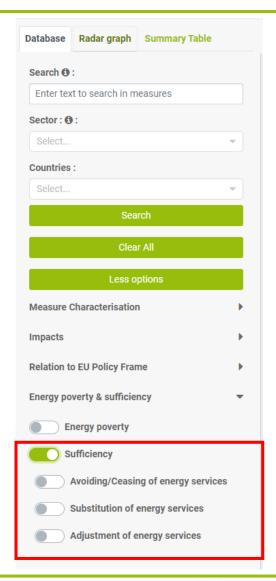
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Measures with regard to their impact on energy sufficiency, i.e. the voluntary reduction of energy-consuming activities (goods and services)

Sufficiency types:

- Avoiding → e.g. not travelling to a certain destination
- Substituting → e.g. modal shift
- Adjusting

 e.g. appliance size, room temperatures



	Cross-cutting	Household	Industry	Services	Transport
Sufficiency (all categories)	11	3	1	4	17
Avoiding/Ceasing of energy services	5	0	0	0	7
Substitution of energy services	7	0	1	1	12
Adjustment of energy services	10	3	0	3	4

Lessons learnt for MURE



- Established database with around 300 measures
- Focus is not only energy efficiency
- Differences in the definition

- Inspiration for MURE measures
- Good example for identifying the sufficiency measures







Thank you for your attention!



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Sharing the space



Project:

Housing For Help

Aim:

Bringing student looking for a room and people looking for a tenant together.

Highlights:

Reduction in rent in return for chores done by the student.

https://www.swfr.de/wohnen/wohnen-fuer-hilfe/wohnen-fuer-hilfe





https://www.paritaet-ka.de/

Using the unused space

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Mediator role



Project:

Raumteiler: Mediation platform for matching the offers and demands

Aim:

Supporting the ones that cannot easily find a place to live (e.g. refugees, people with disabilities)

Highlights:

- Collaboration of the municipality, volunteers, tenants and landlords
- Support for various administrative works https://www.raumteiler-bw.de/





Project:

Variowohnung Funding scheme

Aim:

Supporting model projects for sustainable and affordable apartments

Highlights:

- Sets the upper limit for the living area of the single apartments (30m²)
- Evaluating the construction and use of so-called vario-apartments

https://www.zukunftbau.de/programme/variowohnungen

Project:

Regional funding program

Aim:

Supporting the construction and modification measures to create new rental housing

Highlights:

Regulated apartment size: 1-room apartment < 45m², 2-room apartment < 60m², ... every extra room adds 15m².

https://wm.baden-wuerttemberg.de/

Reducing share of private cars

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Project:

Stadtmobil

Aim:

Promoting the use of shared cars

Highlights:

Easy to use app, contactless process of renting, large pallet of vehicles, station and free-floating

https://www.stadtmobil.de/



Project:

fLotte: lending of cargo bikes

Aim:

A city for people - without parked streets, without bad air and without climate pollution

https://flotte-berlin.de/

Promoting the use of bikes



Project:

Next bike (nation wide)

Aim:

Offering easily accessible transport

Highlights:

- Free-floating
- Possibility to report the issues on the bikes

https://www.nextbike.de/de/



Promoting pedestrian traffic

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Project:

FUSS, local pedestrian traffic strategies

Aim:

Establishing an alliance of cities with pedestrian traffic as a quality

feature

https://www.fussverkehrsstrategie.de/





Re-Use of household products





Project:

Re-Use Berlin (supported by the city of Berlin)

Aim:

Reuse of the used clothes, furniture...

Highlights:

- A-GAIN GUIDE: a digital platform for the sustainable use of clothes
- Re-Use Superstores and centres
- ReMap: Guide

https://www.berlin.de/sen/uvk/umwelt/kreislaufwirtschaft/projekte/re-use-berlin/



Reduce packaging/Zero waste



Projects:

- Concept of "unpacked" shops
- Established in almost in any city (many are members of *Unverpackt e.V.*)

Aim:

Prevention of rubbish and waste **Highlights:**

- The products are usually offered without packaging and customers can use their own containers
- Refrain from single-use packaging
- Promote reusable, recyclable or compostable products



https://www.gls.de/privatkunden/



Projects:

- concept of "repair cafe"
- 2200 worldwide

Aim:

Repair / extend lifetime instead of replace / buy a new one

Highlights:

- Temporary self-help/DIY workshop for repairing everyday objects
- Free meeting places to repairing products (together with a specialist)
- Tools and materials available



https://repaircafe.org/en/